The workshop will focus on school age children with visual impairments and deafblindness and will review; 1) what is Adapted Physical Education?, 2) Assessments for children with visual impairments, 3) Appropriate programming for physical education and physical activity including training support staff, 4) Instructional strategies for motor skills, fitness, sports, and recreation, 5) Resources such as videos, products, equipment, web sites and summer camps, and 6) Advocacy strategies.

**Topics To Be Covered**
- What is Adapted Physical Education (APE)?
- Placement into APE
- PE & the Expanded Core Curriculum (ECC)
- Pre-teaching
- Assessment in physical activity
- Products and equipment
- Resources: Books, web sites, resources for APE for individuals who are deafblind or VI of all ages
- Training of support staff such as peer tutors and paraeducators
- Improving fitness for all ages
- Improving motor skills (instructional strategies)
- New APH curriculum, video, and kit
- Modifications to the GPE curriculum
- Sport opportunities (USABA)
- Summer camps

**Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 - 10:00 am</td>
<td>Who Are We? APE and Children with VI Assessment Pre-Teaching</td>
</tr>
<tr>
<td>10:00 - 10:15 am</td>
<td>Break</td>
</tr>
<tr>
<td>10:15 - 11:00 am</td>
<td>Eligibility and Placement Into PE Products and Equipment for the Lifespan</td>
</tr>
<tr>
<td>11:00 am – 11:30 pm</td>
<td>Books, Web Sites, Resources for APE for Individuals of All Ages Who are Deafblind or VI</td>
</tr>
<tr>
<td>11:30 - 1:00 pm</td>
<td>Lunch on Own</td>
</tr>
<tr>
<td>1:00 - 2:00 pm</td>
<td>Training of Support Staff, Such as Peer Tutors and Paraeducators Improving Fitness for All Ages</td>
</tr>
<tr>
<td>2:00 - 2:15 pm</td>
<td>Break</td>
</tr>
<tr>
<td>2:15 – 4:00 pm</td>
<td>Improving Motor Skills (Instructional Strategies) New APH Curriculum, Video and Kit Modifications to the GPE Curriculum Sport Opportunities (USABA) Summer Camps Questions</td>
</tr>
</tbody>
</table>
Learning Objectives:

- Participants will understand what Adapted Physical Education is and is not
- Participants will know various physical activity assessments for children with visual impairments,
- Participants will learn appropriate programming for physical education and physical activity including training support staff
- Participants will know instructional strategies for motor skills, fitness, sports, and recreation
- Participants will learn about resources such as videos, products, equipment, web sites and summer camps,
- Participants will gain knowledge about advocacy and strategies for improve the quality of life for individuals with visual impairments related to physical activity.

Presenter Biographical Information:

Lauren J. Lieberman Ph.D. earned her Ph.D. at Oregon State University in Movement Studies in Disability. She earned her master’s degree from The University of Wisconsin at LaCrosse in Adapted Physical Education and her BS from West Chester University of Pennsylvania in Health and Physical Education and Adapted Physical Education. She taught at The Perkins School for The Blind in the Deaf-Blind program and coached 3 sports. She is currently a Distinguished Service Professor at The College at Brockport in the Department of Kinesiology, Sport Studies and Physical Education in the area of Adapted Physical Education. She is the founder and director of Camp Abilities in Brockport, NY since 1996. She has since helped set up 16 Camp Abilities in the US and five in other countries. She won the Access Award from AFB for her contribution to accessing sport and physical activity for children with visual impairments. She has written 14 books with 7 in the area of physical activity and children with visual impairments and additional disabilities. She continues to do extensive research and writing in this area. She is on the board of directors of the United States Association for Blind Athletes.
Registration

Physical Education and Sports for Children and Youth with Visual Impairments and Deafblindness
Presenter: Lauren Lieberman, PhD
Thursday, March 26, 2015
Location: Drury Inn & Suites at Forest Park (2111 Sulphur Ave., St. Louis, MO 63139, 314-646-0770)
Registration Will Close: March 20, 2015
Registration is Free

Name: ___________________________________________ Title: __________________________

School District/Program: _____________________________________________________________

Address: ____________________________

Phone: Work ___________________________ Home/Cell _________________________________

E-mail address: _______________________________

Please list any access accommodations you may need: __________________________

_________________________________________________________________________

Please specify any particular concern or question you hope to have addressed in the context of this workshop:

_________________________________________________________________________

Please return your registration to:
Yvonne Ali
Outreach Services
3815 Magnolia Avenue
314-776-4320, ext. 3256
314-773-3762 (fax)
Yvonne.Ali@msb.dese.mo.gov

Missouri Department of Elementary & Secondary Education