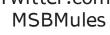


# Join us on social media!

Facebook.com/ MSBMules







MSBMules



Instagram.com/ MSBMules



# 2017-2018: Year in Review

The 2018-2019 year is off to a great start! Residential students arrived on campus on Sunday, Aug. 19, and classes began the following day. Several new faces joined us as both staff and students and were promptly welcomed into the MSB family. The first quarter is moving by quickly and the events we've experienced so far are commemorated on the following pages.

With all that's already happened this year, it's easy to forget how busy we were last year! MSB sports teams and Beta Clubs performed exceptionally well. MSB girls track took 1st place in the conference while the boys took 3rd. In goalball, the boys placed 3rd and the girls placed 4th. Both girls and boys swim team won 2nd place. The wrestling team won 2nd, and Neil Grunig won "Outstanding Wrestler," the first MSB wrestler to earn the title in more than a decade. Finally, the cheerleading team placed 4th in the conference competition. MSB Beta Club won 3rd place in club trading pin design, and MSB student Anastasia Gray won division champion in mathematics!

In May, MSB students and staff culminated their year-long Capstone Program "Explorations in Culture and Conflict: Native American Studies" with a week-long field trip to New Mexico. While there, students experienced Native American culture, values, lifestyle and societal structure and met a variety of Native American people. For more details on the Capstone Program, visit https://msb.dese. mo.gov/curriculum/2018CapstoneProject.html

The MSB campus was busy throughout the summer with several summer programs including Extended School Year (ESY), Explorations in Accessible Travel, Explorations in Performing Arts, Explorations in STEM, Explorations in College and Career Planning, Explorations in Independent Living and Camp Abilities-St. Louis.

Already this year, we're working hard on several programs including the 2019 Capstone Program. The theme is "Author Studies: Lives, Works and Influence" and in May 2019 students and staff will travel to Boston, Massachusetts, for a fun and educational on-site learning experience.

Follow us on Facebook, Twitter and Instagram to keep up with what's happening at MSB!

2 1st Quarter 2018-2019 **1st Quarter Awards Recipients** Honor Roll Malikye Baston Rylea Gammon Khylie Longmire Charles Grady Sirria Brooks Alison Miller Anastasia Gray Nathan Brown Robert Mull Mia Bussell Neil Gruniq Ravin Roper Lexie Kaibel **Kiwan Sanders** Chloe Deremiah Noelle Dobbs Jalan Leach Savanna Smith Trinae Edwards Thomas Limbach Allie Wolk M.U.L.E.S. (Moving Up, Learning) Experience & Skills) **Dionna Towns** Shelby Burchett Vivian Helmig Wayne Watson Daniel Matheny Nishaad Dean Leigah Friend Lucius Meyer Logan Wilson Kelton Ramsey Hunter Hall Scholar Athlete (Students who both played a sport and made the Honor Roll) Malikye Baston Rylea Gammon **Thomas Limbach** Nathan Brown Anastasia Gray Khylie Longmire Chloe Deremiah Neil Gruniq **Ravin Roper** Noelle Dobbs **Kiwan Sanders** Jalan Leach **Counselor's Corner** We began our school year in elementary guidance learning the importance of being a friend in the with Melissa Lampe, classroom and to other students at MSB. **School Counselor** In our first quidance lesson, we discussed the traits of a good friend and called it "Friendship Soup." Students said the recipe for friendship soup is like having a friend who likes to cook, helps clean up after playing together, likes to talk, is honest, truthful, nice and good, and shares the same interests. Other lessons in our friendship unit included being mindful of our words and actions, resolving conflicts, positive thinking, and how to effectively deal with bullying issues. Our quidance unit for October is learning about strangers and how to stay safe at home and in the community. We've discussed the definition of a stranger and role played different scenarios in which the children might encounter a stranger. The • children are also learning about using assertiveness in uncomfortable situations and respecting personal space. Overall, we are off to a very busy start to the school year with our quidance lessons and covering important topics.

## **Mules March for White Cane Safety**

On Monday, October 15, MSB students and staff took to the streets surrounding the school for an advocacy walk in honor of White Cane Safety Day. Split into groups to canvas the neighborhood, they marched with signs promoting the nationally-observed day, talked with fellow pedestrians about safe travel practices, and posted flyers in local businesses. While out, students were careful to use the skills they learn in orientation and mobility lessons to demonstrate safe travel practices.

For Mia Bussell, who is a new student at MSB, this was her first time celebrating White Cane Day. "When I did White Cane Day here, that was my first time ever...I had heard of it once. I honestly thought (the advocacy walk) was really cool, because a lot of people don't really understand the importance of safety for blind people," she said.

MSB ended the event with a cookout lunch and s'mores by the campus firepit. We hope to celebrate White Cane Day going forward by continuing to have our students and staff out in the community, advocating and spreading awareness for safety for people with visual impairments. You can view photos from our White Cane Day event at Facebook.com/MSBmules.

White Cane Day is a national observance on October 15 of each year to celebrate the achievements of people who are blind or visually impaired and the important symbol of blindness and tool of independence, the white cane. It has been celebrated yearly since 1964.



Above: Students and staff with signs on advocacy walk



Above: Students and staff warm up with s'mores at the firepit



Above: Students and staff gather for a group photo with an event sign at the firepit

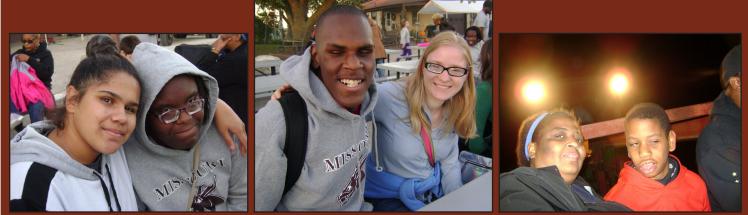
## Residential Life 1st Quarter 2018-2019

The MSB Residential department works hard to ensure that students who stay on campus during the school week have plenty of activities to keep them busy after school, as well as a supportive living environment. Some of the activities they plan for students include a new work training program, movie nights, karaoke, bowling, and outings to ball games, hay rides and other community events. Below are a few photos from all the fun things Residential students get to do!

## St. Louis Cardinals baseball games



## Hayrides with the Elks Lodge



## Painting Party!







#### www.MSB.dese.mo.gov

#### Sports

#### MSB wins 9th Consecutive Eberhardt Trophy

On Thursday, September 20, MSB hosted the 43rd annual Eberhardt Track Meet. Named for longtime coach and teacher Al Eberhardt, the meet brings together student-athletes from Midwest schools for the blind to compete in track and field events. MSB won the Eberhardt Meet for the 9th year in row.



Left: The MSB Mules with volunteers from Harris-Stowe University women's soccer team Missouri girls track team wins 3rd place in 2018 NCASB conference meet



Above: Khylie presents the 3rd place trophy MSB superintendent Geoff Barney

Intramural Sports Team Competes in Special Olympics Bocce Tournament The MSB Mules Intramural Sports Team traveled to Lutheran High School South in St. Louis to participated in the Special Olympics Bocce Tournament! Results: 2nd place to Robert and Allie, 3rd place to Trinae and Savannah & 4th place to Charles and Vivian.



*Above: Trinae and a bocce volunteer* 



Above: Alison plays bocce with a volunteer



*Above: Savanna and bocce volunteers* 



Above: Vivian plays bocce with volunteers



*Above: Charles plays bocce ball* 

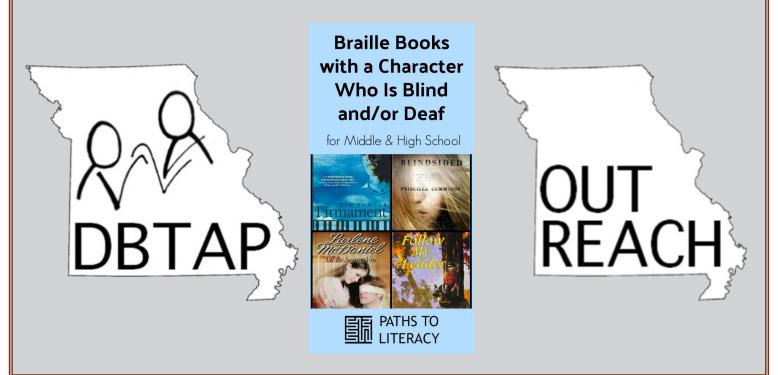


Above: Allie plays bocce with volunteers

### Outreach & The Missouri Deaf-Blind Project with Jane Herder, Director of Outreach

Outreach and the Deaf-Blind Project have had a flurry of activities happening since this summer. The workshop "Welcoming Students with a Visual Impairment to your School" was attended by 30 teachers, paraprofessionals and educational staff from across Missouri. If you missed it or would like to attend next time, pencil in mid-September of 2019. We will also add a day for Yvonne Ali, our Instructional Resource Center coordinator, to showcase products used by the visually impaired. We plan to add a Deaf-Blind 101 presentation as well. Mary Dingus, MSB school librarian, has had her Braille book list published on Paths to Literacy! This book list has characters who are blind and/or deaf. You can see the entire list here: http://www.pathstoliteracy.org/resources/braillebooks-character-blind-deaf-middle-high-school.

We are looking for parents who would like to be part of a video project. This video project would be on parenting a child with a visual impairment and/or hearing loss. If you could look back and offer advice to new parents or families, what advice would you give them? The project would be a 5 minute video presented on the Outreach website. If interested, please email Jane Herder, Outreach Coordinator at jane.herder@msb.dese.mo.gov or give her a call at 314.633.1582. Are you interested in going back to school to become a Teacher of the Visually Impaired or Orientation and Mobility Specialist? Check out Outreach's webpage on furthering your career: https://msb.dese.mo.gov/outreach-services/pro-development.html. Also take a moment to meet the new staff of Outreach! https://msb.dese.mo.gov/outreach-services/staff.html



## How Does your Garden Grow?

October is National Farm to School Month! In the last few years, MSB has been exploring growing produce on campus. In the spring on 2016, Food & Nutrition Manager Margaret Cimarolli and her kitchen staff started a small container garden with herbs, tomatoes and broccoli to be used in preparing meals for MSB students and staff. This led to a larger gardening project with tomatoes, okra, a variety of peppers, eggplant, many different berries, grapes, zucchini, spaghetti squash, watermelon, basil, rosemary, thyme, sunflowers and apple, peach, hazelnut and pecan trees all being planted on the MSB campus in the spring of 2017.

In 2018, the MSB garden expanded even more. New plots were added to both the exercise playground and music playground courtyards. Many new crops, including corn, were added, and the harvests continued to grow in size. One watermelon weighed a whopping 46 pounds!

Ms. Cimarolli and her staff continually work to introduce home-grown produce to our students and incorporate it into our school meals. Eventually, MSB plans to build a greenhouse and maintain a full garden and orchard on campus to produce even more of the food that is served to our students and staff.



Above: A 46-pound watermelon from the MSB garden



*Above: Fresh produce from the MSB garden* 



Above: Mia, Khylie, Dionna and Jessica enjoy fresh watermelon



Above: Fresh strawberries from the MSB garden



Above: The kitchen staff enjoy fresh watermelon



*Above: Corn growing in the MSB garden* 

#### 1st Quarter 2018-201

Superintendent: Geoffrey Barney Assistant Superintendent:		MSB Calendar of Events
		November
	2-3	Goalball conference meet at MSB
	9	10:00 AM Veteran's Day Assembly
Joyce Waddell	12	Veteran's Day Observed No School
Clinical, Ancillary & Residential	19-23	
Services (CARS):	30	Wrestling & Cheer Meet at Tennessee
Marsha Bryant		December
Outreach Services:	1	Wrestling & Cheer Meet at Tennessee
Jane Herder	5-8	Beta Club Conventions in Springfield, MO
Business Operations:	14	Wrestling & Cheer Meet at Illinois
William Runzo	20	Christmas Extravaganza
Human Resources:	21	1:00 PM Early Dismissal
Karen Burkhead	24	Winter Break Begins No School 12/24-1/7
Community Relations:		January
Carlie Lee	7	Classes resume
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Missouri School for the Blind 3815 Magnolia Avenue Saint Louis, MO 63110